

Winter in Tasmania

EAT FRESH,
EAT LOCAL



YOUR SEASONAL PRODUCE GUIDE FOR JUNE, JULY & AUGUST



Fruits

Apples (*Sundowner*)
Feijoas
Grapefruits
Kumquats
Lemons
Limes
Olives
Pears (*Packham*,
Beurre Bosc)
Pepinos

Nuts & Seeds

Hazelnuts (*cracked*,
raw, *butters*)
Linseeds
Walnuts (*cracked*, *raw*,
butters, *pickled*)



Herbs

Basil
Basil Mint
Calendula
Coriander
Dill
French Tarragon

Vegetables

Asian Greens &
Vegetables (*buk choy*,
chinese broccoli, *chinese*
cabbage, *choy sum*,
dwarf buk choy, *mustard*
greens, *tatsoi*, *tong ho*)
Autumn/Winter Micro
Greens
Bean Shoots
Beetroots
Black Winter Truffles
Broad Beans
Broccoli
Brussel Sprouts
Cabbages (*green*, *red*,
Golden Acre, *Savoy*)
Carrots (*baby*, *bunch*,
Chantenay)
Cauliflowers
Celeriac
Celery
Chard (*swiss*, *rainbow*)
Chicory
Chives
Corn (*baby*, *sweet*)
Cucumbers

Edible Flowers
Fennel
Garlic
Garlic Chives
Globe Artichokes
Green Beans
Green Peas
Jerusalem Artichokes
Kales (*baby*, *puple*,
curly, *flat*)
Leeks
Lettuces (*head*, *salad*
mix, *mizuna*)
Maschua
Micro Greens Mix
Mushrooms (*lions*
mane, *nameko*, *oyster*,
shimeji, *shitake*,
woodear)
NZ Yams/Oca
Onions (*brown*)
Parsnips
Potatoes (*Bismark*,
Dutch Cream, *King*
Edward, *Mozart*, *Nicola*,
Purple Congo, *russet*, *Tas*
Gourmet)

Pumpkins (*butternut*,
grey, *jarrahdale*,
Queensland Blue)
Radishes
Rhubarb
Rocket
Shallots
Silverbeets
Snow peas
Spinach (*baby*)
Sprouts (*alfalfa*,
fenugreek, *lentil*,
sunflower, *wheatgrass*)
Swedes
Tamarillos
Tomatoes (*cherry*,
large)
Turnips
Wasabi
Wasabi Flowers



hill
street

hillstreetgrocer.com